

DON'T WORRY



Inside this issue:

Don't Worry
Kevin Wilcock

CD Packs

Globe Reach
BALI
Michael & Bianca
Zeitch

FIJI
Peter & Jill
Schultz

INDONESIA
Colin & Kim
Crago

OzReach
Ozreach
Conference 2011
With Billy Kennedy

Soul Café

Building

Kevin's Travel

Anxiety is a general term for several disorders that cause nervousness, worry and apprehension. These disorders effect how we feel and behave and can manifest in real symptoms.

Mild anxiety is vague and upsetting but severe anxiety will have a serious impact on our daily life. These disorders are anxiety, panic disorders, phobias (irrational fears) obsessive compulsive, traumatic stress disorder and separation anxiety.

The physical symptoms can be many and varied like: trembling, churning stomach, heart palpitations, numbness, sweating, flushes, restlessness, trouble concentrating, muscle tension, frequent trouble falling asleep, being easily startled, chest pains, sense of choking, shortness of breath, dizziness, flashbacks, avoiding people and places, and a feeling of hopelessness to the future.

No wonder the Bible says be anxious for nothing, do not be afraid, do not worry. Sounds tough because let's face it, there is a lot to worry about—our health, our money, our safety, our possessions, what others are thinking about us. The list is endless. But God says: "Do not worry." At first you might think He is heartless and cruel and has little understanding of us mere mortals. But the truth is He knows us too well—as one time He came down to earth and put on one of these earth suits (Hebrews 2:18 and Hebrews 4:15).

Our God is a down to earth God as He has been down to earth. He actually has so much understanding that He wants to speak into our lives and stop us going down that path of worry because:

- ◆ It is a dead end;
- ◆ It is unfruitful (Luke 12:23 & 29);
- ◆ It is an absolute waste of time and energy;
- ◆ It is unhealthy and our bodies,

emotions and minds are not built for such a thing as worry, fear and phobias.

God's word has answers:

"Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you." Philippians 4:4-9

1. IT IS A DECISION

The Philippians verse starts with an order—like it is something we can control, like it is something we can decide and the truth we can choose to pick up God's peace or our worry. I will never forget listening to Kenneth Haggan when Tracey and I were in the United States. I bought a cassette pack and we listened to it driving across the Arizona Desert. He spoke about how he read that scripture "do not worry" and realised how he did. So he told us he camped in that verse of Luke 12:22-34 for weeks until he had the faith in what God said on the matter. Then he made a decision not to worry from that day on. He stated he had not worried since and his heart was still pumping good.

Your faith is a choice that chooses to trust God and worry not!

2. PRAY, PETITION, THANKSGIVING & PRESENTING

are all different types of prayers. Prayer is a powerful thing.

- ◆ It is a spiritual thing
- ◆ It is a supernatural thing
- ◆ It is a God thing

I even encourage non believers to pray because it is a powerful thing to give something to God. Prayer causes us to consider God and His ability and His love for us. It takes our focus off the problem, which we often magnify and make big of. Prayer and the many types of prayer magnify God instead of looking at our lack we focus on His abundance and the fact that He is the El Shaddi (all sufficient one) instead of focusing on our rejection and insecurity. Prayer helps us focus on the father's love and acceptance instead of focusing on our sickness. We focus on His healing and the fact that He is Jehovah Ratha (the Lord our healer), instead of focusing on our weakness, we focus on His strength, instead of focusing on our present trouble, we focus on the Glory to be revealed. There is a song that we sang in the old day "Oh what peace we often forfeit, oh what needless pain we bear, all because we did not carry everything to God in prayer."

3. THINK ON GOOD THINGS

Verse 8 *"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things"*

True, noble, lovely, admirable, excellent, praiseworthy things, positive songs, beautiful art, excellent poems, lovely landscapes, great quotes, encouraging prophesy, good people, true stories of courage and so on...be positive about life.

Jesus said: "look at the lilly", sounds like a Buddhist quote but Jesus said it. He also said "look at the birds" — Meditate and think on these things and how they don't worry yet are doing well—then realize God loves you more than a bird and a flower. God is saying get your mind on good things because generally whatever we are thinking is eventually what we will be speaking and what we are speaking is how we will live and how we live will determine our destiny and future. May we all have check ups from the neck up and get all the stinking thinking out and God's thinking in.

4. LOOK AT OTHERS

Verse 9..."Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you."

Look at them, listen to them, learn from them and receive from them. This is simply the power of example like it says in Hebrews 6:12: "We do not want you to become lazy, but to imitate those who through faith and patience inherit what has been promised." Whoever you look at, and whoever you look up to is how you will end up. The old saying is very true..."If you want to fly with the eagles, don't hang around turkeys", minister to them, help them, encourage them, but don't admire or mimic them or you will be like them.

5. PUT IT INTO PRACTICE

Verse 9..."Whatever you have learned or received or heard from me, or seen in

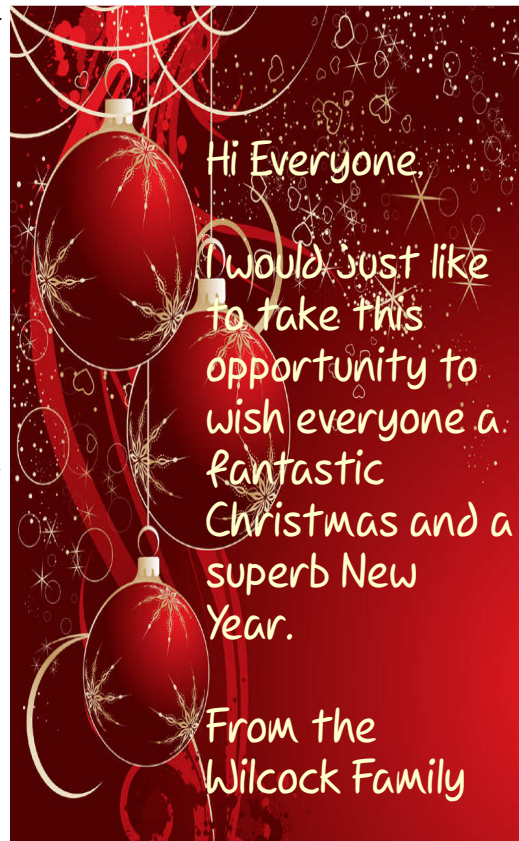
me—put it into practice. And the God of peace will be with you."

Practice Godly and good behaviour. Practice positive language, practice great attitude because we all know what practice does—it builds into our lives perfection, maturity and a greater level of living.

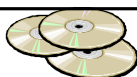
6. LET THE EXCHANGE TAKE PLACE

Verse 7 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Let God's peace have precedence in your life. Let His peace rule and rest on you. God's peace goes beyond all thinking and natural understanding. It is like I should be worried but I'm at rest in His peace that surpasses all understanding—not making me careless but carefree.

Rest in Him
Kevin



The Wilcock Family
Tracey, Kevin, Rachel and Faith



The CD of this sermon "Don't Worry" is available in the Philippians series pack

4 CD Packs by Kevin Available & 2 Books

— Price + Postage



PHILIPPIANS \$15.00

A powerful 3 CD series. This is Paul's upbeat and up-tempo letter that is full of praise, confidence and rejoicing despite the fact that he was in prison under home arrest while being undermined by believers with bad attitudes and heresy. An Encouragement to us all

I LOVE THE CHURCH Kevin Wilcock \$40.00



I love the church Kevin Wilcock



GALATIANS—REEDOM \$12.00

This is a 2CD set which is Paul's first & strongest letter against legalism and self righteousness. It is called Paul's 'fighting' Epistle, he has his gloves off toward anyone who would stand in the way of the freedom that God's people are

CONTEMPT PRIOR TO INVESTIGATION 2nd Edition



by
Ted Mayo

CONTEMPT PRIOR TO INVESTIGATION 2nd Edition Ted Mayo \$20.00

For Book & CD pack orders send to:
Life Church
P.O Box 2158
Dangar NSW 2309

Or Email your order with your credit card details to: info@lifechurch.org.au



GlobeReach one of the works we support overseas

BALI—Micheal & Bianca Zietsch



WHAT HAS BEEN HAPPENING

Hello to you all. We want to share with you what's been happening recently.

In September we were blessed to have a couple of our spiritual mums from our home church who put on a conference with lots of praise and encouragement.

Thank you for blessing us so much!

We also have plans of our future here in Bali and have nearly completed a development strategy for next few years. We are going to continue the card project and expand this idea into the Bebas Empowerment Project. This will be a fair trade project where groups of people will be making handicrafts to be sold in Oz and here. All the profit going directly to help the families here and the project will also enable people within our community with their many physical needs but also be a door into helping Indigenous Indonesian leaders who have a heart to see the people here experience the good news and Papa's love for them.

We are coming home in December for our home assignment. We are building a new room onto a

different house that is more central in the surfing community here. Also getting the project all organized so lots of paperwork!

DISASTER RELIEF IN INDONESIA

Ado Young and Rich Hadfield who are part of our team here in Bali are heading to the Mentawai Islands in Sumatra on Monday to assist with the relief efforts following the recent devastating earthquake and Tsunami. Hundreds of people have been killed and many left homeless without food, water and basic necessities. They wrote this email to us and we wanted to give you this opportunity to give if you feel called to.

"We feel moved to go and help these people in their time of great need. The Mentawai islands are a mix of Christian and Islamic people groups and have a growing Indigenous surfing community. As part of our vision to see the transformation of surfing communities in Indonesia we feel it is crucial we go and serve the people at such a desperate time.

We will be teaming up with other Indonesians who are organizing transportation and the delivery of supplies to the region. We would greatly appreciate your support in prayer as we will face many challenges. We are hoping to raise enough money to cover the supplies we are taking such as water filters, medical supplies, food, clothes and our travel expenses. If you

feel lead to give, then please make donations to the following account:

In Australia

Westpac Bank

Name: Serve Indonesia Incorporated

BSB: 032 052

Account: 228 249

Branch: Cronulla NSW

Swift Code: WPACAU2S

Please indicate your gift for 'disaster relief.'

PRAISE POINTS

- ◆ We have found an awesome new place to live.
- ◆ Our plans for the future here are becoming clearer.

PRAYER POINTS

- ◆ Continued health and protection for our family.
- ◆ Our friend's here that Papa continues to reveal Himself to them.
- ◆ For all the people in the surfing community affected by the recent Tsunami.
- ◆ That even though we are very busy we still spend time in His presence for our direction.

Love

Michael & Bianca Zietsch

thirroul@scccc.com.au

FIJI—Peter Shultz



ON THE GROUND

It was with excitement that the board spent the last week of October with Pete & Jill. There were many aspects of the ministry that encouraged us. We were so pleased with the progress

since we were here last year and many things have come together with a very positive future.

Some of the highlights:

- ◆ The success of the SOSF program and the probable roll-out to other prisons
- ◆ The appointment of Naca—this is an immense blessing

- ◆ The continued acceptance of Peter & Jill by the staff and leadership of the FPCS
- ◆ Possibility of more joining the team over the next 2 months from both Australian and Fijian/local staff.
- ◆ The positive reaction to Oliver & Edward attending Suva Christian School and the need for Abel to start in 2011

Current issues for support and prayer:

- ◆ Washing machine is dead. In faith we purchased a new one, \$1100 (in fear of our wives).
- ◆ The sudden need for the family to find a new home by 31st December. Their present house has been sold.
- ◆ Moving costs are about \$500AUD.

- ◆ The obvious increase in the costs of school fees with all 4 children in schooling in 2011

If you would like to partner with Peter & Jill on any of the above needs please contact Pioneers on 1800 787 889

Overall we're very pleased with the progress and with the possibilities in the next 12 months. God certainly has His hand on this unique and very special ministry.

We thank God for the faithfulness of so many of you that have prayed and supported the work.

Much more to share and if you have questions please contact one of us.

Blessings

Peter Shultz

peter@operationfoundation.org.fj

INDONESIA—Colin & Kim Crago



MOVING OUT

Things have moved along here, since our enforced 5 month lay off in Aussie. When we got back our connect groups had fallen to 7, since then they have grown to about 18. People have

been healed when they are baptised and many other blessings with people being saved.

As you know we were suppose to move out in 25th October but we have made an arrangement to stay until 25th March 2011, for Rp 15,000,000 extra. Our search for a new place of contract eventually led us to

a building on the edge of Manahan on Ji A Yani. It looked ideal. We offered to contract it for 5 years but the owner wouldn't be in it and wanted to sell. We prayed about it, came to the conclusion that it was too good an opportunity to miss and God wanted us to buy it. We got the price down from Rp 1,500,000,000 to Rp1.2 billion (approx A 141.176). Kim thinks that we will eventually get it for less. We have had a team from Australia including a builder & a structural engineer look at it and they were wrapped.

The Indonesians, led by Dina, think they can pay for a lot of it by getting sponsors, which is a very Indonesian way of doing things. We think that together we can do it! At the moment we are up to Rp 201,000.000 that we can count on, so only 1 Rp bill to go.

How would you feel about contributing toward this project? I hesitate to ask you because you are supporting so many good things.

This property is very special and will mean a great deal to the work here. We want to get hold of it before someone else does.

We are working out a way, with the aid of our Notaris, of making a company to hold the property. It seems there is a good way to do this that has some advantages over Aussie companies, believe it or not.

God is doing great things here and we think this property will be one of them.

Blessings

Colin & Kim Crago

Colin.crago@gmail.com



OzReach Conference— 20th, 22nd in 2011

@ Life Church 15 Denison St Newcastle West



Billy Kennedy leads the New Community network leadership team. He has been in Southampton since 1982. He was born in Liverpool, went to primary school in Scotland, secondary school in Northern Ireland and started his working life back in Glasgow.

Billy is involved with most areas of church life offering support and advice to those who have the responsibility to run those areas.

Beyond Southampton Billy serves as a friend and advisor to a variety of churches and Christian organisations. He is a member of the International Council of the 24-7prayer movement and leads the Pioneer network.

SOUL CAFE - Break Thru People Solutions

SOUL CAFÉ By Break Thru People



Solutions

In 2008 Break Thru People Solutions committed to becoming a long term financial supporter to the Soul Café run by Lifeshapers in Newcastle.

Soul Café is an initiative that provides approximately 600 free meals per week to highly disadvantaged members of the Hunter Community, many of whom are homeless, have a mental illness, substance abuse issue

or live in poverty. People are given table service and a choice of healthy and tasty meals.

The café aims to serve people with dignity and provides ancillary services to assist them to overcome their individual issues and be re-engaged back into the community.

Most of all, the Soul Café provides a place of belonging, meaning and caring that many participants have not previously experienced. Break Thru People Solutions believes this initiative is having a significantly positive effect on the community.

Manager of Soul Café, Nikki Correia said "Recent financial support from Break Thru People Solutions as helped Soul Café produce and print 300 copies of our first edition cook book called Recipes on a Shoe String and Tales of the City. The cook book has many wonderful stories from the

community members in the café and all proceeds from the sales go directly to the café".

In addition to financial support, the Break Thru team volunteers to serve meals and attend regular fund raising events.

Break Thru CEO, Ross Lewis added "Soul Cafe is a wonderful initiative and we are very proud of the great work they are doing in the local community" Break Thru's sponsorship goes directly to Soul Cafe to allow them to continue to assist meeting the needs of our society's most disadvantaged citizens.



Break Thru People Solutions
www.breakthrough.org.au

Life Church — Looking for a new home!

After renting the Wesley building for over 10 years and about \$200,000.00 worth of renovations to this dilapidated building we are being moved on. So the need to find a new home by the 30th June 2011 is fast approaching. The new home does not just consist of two church services but Newcastle's largest feeding program for the city's disadvantaged (Soul Café), Newcastle's largest A.A. meeting along with other recovery groups,

LifeShapers Family Services for the highly disadvantaged, function centre, Jive dance group, Rising Starz Talent school, Soul Clinic (doctor's surgery) and one of Newcastle's popular Jazz and R & B venues (Soapbox Café).

We are a church of only a few hundred people, but have over 1000 + people moving through our building each week. Money is already coming in

and the need for \$400,000.00 is the goal before us. The rest of the money we can loan. So the need for a functioning building to buy is of high priority as we have until the 30th June 2011 to move out of the building we are currently leasing.

Please pray for us.

Kevin

KEVIN'S TRAVEL

Thailand
Wollongong
Philippines

January 2nd & 8th
January 9th
February 9th - 15th

